



**CREATING CAPACITY IN THE COMMUNITY FOR
NEWFOUNDLAND AND LABRADOR**

Who we are...

Momentum Developmental Support

While Momentum is a licensed Home Support Agency, this program has a singular focus on providing community supports to persons with disabilities. Traditional home support programming often focus on elderly care as well as supporting individuals who are medically infirm. Our program's experience in the sector is that care for persons with intellectual and/or developmental disabilities (I/DD), or persons with mental health issues, require different skills to perform this necessary work.



Different competencies for workers

Home Support Workers's focus on support for primary care and aging, while Developmental Support Workers for persons with I/DD focus on building independence, skill development and community integration.



Need to Understand Dual Diagnosis

Clients with I/DD present with co-occurring mental illness (i.e. psychosis, depression) to a greater degree than the general population; support staff for these individuals need to be able to recognize mental disorders and how to provide support in the moment.



Service Coordination

Residential care for persons with I/DD requires service coordination at the residence level; we provide home managers who oversee the front-line staff, day-to-day care of our clients, as well as ensure the support workers adhere to the competencies for their field.



Professional supports

Momentum has a host of supports in providing residential care including property management, professional HR managers, accounting supports, and professional senior leadership that are leaders in the field of I/DD.



Core Values of Momentum Developmental Supports



Integrity

We are open, honest and respectful in our dealing with residents, families, communities and one another. We give each other the benefit of the doubt and take pride in our work.



Quality

“Good enough” is never good enough. We continually seek to implement best practices as we strive to deliver the best quality of care for each individual. Each day we are committed to delivering our services at the highest standard of care, just as we would expect when seeking support for our own loved ones. It is the right thing to do.



Community

We care about where we live and work, and we celebrate the accomplishments of our team and others in the community. We want to make our corner of the world a better place to be. We are prepared to invest time and money into helping our community grow.



Action

We value big ideas, innovation and ‘out-of-the-box’ thinking. We strive for efficiencies and always look for a better way. We are driven to succeed because of our shared desire to make a positive difference in the lives of others.



Fun

We all contribute to making our workplaces enjoyable. We find moments to celebrate our successes, both personal and professional. We know the power of laughter to bring positive energy into a room and a relationship. We have a desire to find joy in our day to day lives.





Challenges Facing the Community

Persons with I/DD, and their families, currently face a number of challenges to living successfully in the community.



Lack of Supportive Housing

Supportive housing for persons with I/DD is an ongoing issues with few existing solutions.



Residential Options for Complex Needs

The continuum of care needs new solutions, which should include finding efficiencies within existing systems, for providing care to those with complex needs



Community Integration and Day Programming

Few day program options exist outside of St. John's-Metro, and within the area the waitlists can be challenging. We need more day program options in the province.

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Need for Interdisciplinary Care in the Community

Integrating existing OT, PT, Psychiatry and Behavioral Supports into care options will greatly improve client outcomes.



Need for Greater Supportive Employment Supports

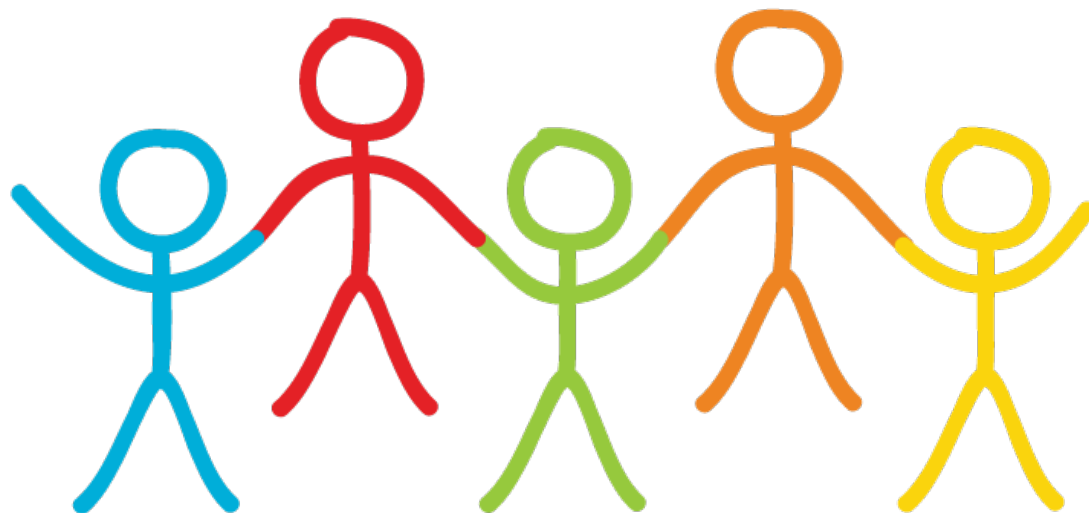
While supportive employment programs exist, more work needs to be done to address the low rate of employment for persons with I/DD.



Need for Alternate Service Delivery

Alternate service providers have a greater innovation capability to adapt their service streams to meet identified needs in the communities and regions in which they operate.





momentum
DEVELOPMENTAL SUPPORT

CREATING CAPACITY FOR PERSONS WITH I/DD: A POTENTIAL ARRAY OF CARE

Proposed Solution: Creating Capacity (Community)



Intensive In-Home Family Support (IIHFS)

Service Coordination that works with individuals and their families (where applicable) to ensure the placement at home remains stable for as long as the individual can safely remain independent or living with family. The primary mandate of the service is to permit persons with I/DD to live at home for as long as possible, and offer service coordination, skill building groups and counseling supports to meet that endeavor.

Clinical Supportive Services

Psychological and behavioral health concerns present at a higher percentage for persons with I/DD than for the general public. Offering counseling services, behavioral health coordination, occupational therapy and other services to support clients with I/DD in their daily lives in the community would prevent placement breakdown in the remainder of the array of services..

Day Program

Structured day programs are a great way to support individuals with I/DD and reduce the demand for respite care services. The program's aim is to provide instruction in line with the individuals ability and interest, while offering a challenging, safe and fun environment with activities that engage the individual. While the St. John's-Metro area have some programming options available, waitlists can be lengthy and there are currently no day program options outside the St. John's-Metro area.

Proposed Solution: Creating Capacity (Residential)



Therapeutic Family Care



Supportive Independent Living (SIL)



Emergency Placement Homes



Short Term Unit Assessment and Residential Treatment



Congregate and Individualized Living Arrangements

Therapeutic Family Care

Family environments offer the best long-term outcomes for persons with I/DD. Therapeutic family care offers licensed family providers who look after persons with I/DD in their household supported and monitored by the organization with the necessary resources.

Supportive Independent Living (SIL)

For higher functioning clients with I/DD, SIL arrangements can provide the necessary supportive care while sharing those supports across multiple clients. While the individual may not need direct care 24 hours a day, they may need access to support on site. SIL offers a shared staffing approach to allow for the most independence possible for the individual.

Emergency Placement Homes

Unfortunately, it is all too common that persons with I/DD may present in the ER due to placement issues in the community. Alternatively, housing crisis needs can occur at anytime. For individuals who are medically and psychiatrically stable, the EPH service provides an option for emergency housing, and works towards a planned approach to discharge to the needed level of care.

STUART

Clients who present with challenging behaviors and/or complex behavioral often take up long term presentations in hospitals due to their needs. The STUART program, with similar programs in other jurisdictions, would create a community-based campus for assessment and treatment of complex needs. Once the individuals' complex needs are treated and resolved, discharge planning would occur to a level of service elsewhere in the array.

Congregate and Individualized Living Arrangements

Momentum is committed to working with communities to develop sustainable residential options, including congregate and individual living supports. An example of this type of housing is the "individualized living arrangement" service, where 1-3 clients can reside in a residential setting with 24-hour care available.



Momentum Developmental Supports

Integrity

Quality

Community

Action

Fun

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THANK YOU!

